

HRSC East Employee Benefits Update

Benefit Forms Available Electronically

The following is a list of some of the forms regarding health insurance, life insurance, Thrift Savings Plan and retirement that are available electronically. You may access these forms through the Navy's benefit homepage at <http://www.civilianbenefits.hroc.navy.mil/> or by using the address listed by each form.

FEDERAL EMPLOYEES HEALTH BENEFITS (FEHB)

FORM NUMBER	TITLE	ADDRESS
SF 2809	Health Benefits Registration Form	http://www.opm.gov/forms/pdf_fill/sf2809.pdf
HRSC East 12890/10	Request to Add or Delete Members to a Current Family FEHB Enrollment	http://www.civilianbenefits.hroc.navy.mil/PDF/12890-10.pdf
HRSC East 12890/12	Foster Children Certification	http://www.civilianbenefits.hroc.navy.mil/PDF/12890-12.pdf
HRSC East 12890/13	Continuation of FEHB Coverage for Child Incapable of Self Support	http://www.civilianbenefits.hroc.navy.mil/pdf/12890-13.pdf
HRSC East 12890/24	FEHB Program Premium Conversion Waiver/Election	http://www.civilianbenefits.hroc.navy.mil/pdf/12890-24.pdf

FEDERAL EMPLOYEES' GROUP LIFE INSURANCE (FEGLI)

FORM NUMBER	TITLE	ADDRESS
FE-6	Claim for Death Benefits, FEGLI Program	http://www.opm.gov/forms/pdf_fill/fe6.pdf
FE-6 DEP	Settlement of Claim; Option C -- Family Life Insurance	http://www.opm.gov/forms/pdf_fill/fe6_dep.pdf
RI 76-10	Assignment of FEGLI	http://www.opm.gov/forms/pdf_fill/ri76-10.pdf
SF 2817	Life Insurance Election: FEGLI Program	http://www.opm.gov/forms/pdf_fill/sf2817.pdf
SF 2818	Continuation of Life Insurance as a Retiree or Compensation	http://www.opm.gov/forms/pdfimage/sf2818.pdf
HRSC East 12870/13	FEGLI Options B and C Election Notice	http://www.civilianbenefits.hroc.navy.mil/pdf/12870-13.pdf
SF 2822	Request for Insurance	http://www.opm.gov/forms/pdfimage/sf2822.pdf
SF 2823	Designation of Beneficiary, FEGLI Program	http://www.opm.gov/forms/pdf_fill/sf2823.pdf
HRSC East 12870/5	Testamentary Trustee Designation for FEGLI	http://www.civilianbenefits.hroc.navy.mil/pdf/12870-5.pdf
HRSC East 12870/6	Inter Vivos Trustee Designation for FEGLI	http://www.civilianbenefits.hroc.navy.mil/pdf/12870-6.pdf

THRIFT SAVINGS PLAN (TSP)

FORM NUMBER	TITLE	ADDRESS
TSP-1	Election Form	http://www.tsp.gov/forms/index-forms.html
TSP-3	Designation of Beneficiary	http://www.tsp.gov/forms/index-forms.html
TSP-16	Exception to Spousal Requirements	http://www.tsp.gov/forms/index-forms.html
TSP-17	Information Relating to Deceased Participant	http://www.tsp.gov/forms/index-forms.html
TSP-20	Loan Application	http://www.tsp.gov/forms/index-forms.html
TSP-75/ TSP-75-T	Age-Based In-Service Withdrawal Request Package	http://www.tsp.gov/forms/index-forms.html
TSP-76/ TSP-75-T	Financial Hardship In-Service Withdrawal Package	http://www.tsp.gov/forms/index-forms.html

CIVIL SERVICE RETIREMENT SYSTEM (CSRS)

FORM NUMBER	TITLE	ADDRESS
SF 2800	Application for Death Benefits - CSRS	http://www.opm.gov/forms/pdfimage/sf2800.pdf
SF 2801	Application for Immediate Retirement Under the CSRS	http://www.civilianbenefits.hroc.navy.mil/pdf/sf2801.pdf
SF 2801-2	Spouse's Consent to Survivor Election	http://www.civilianbenefits.hroc.navy.mil/pdf/sf2801-2.pdf
Attachment to SF 2801-2	Spouse's Consent to Survivor Election	http://www.civilianbenefits.hroc.navy.mil/pdf/attachment to sf 2801-2.pdf
SF 2801-3	Election of Former Spouse Survivor Annuity or Combination Current/Former Spouse Annuity	http://www.civilianbenefits.hroc.navy.mil/pdf/sf2801-3.pdf
SF 2802	Application for Refund of Retirement Deductions	http://www.civilianbenefits.hroc.navy.mil/pdf/sf2802.pdf
SF 2802B	Current/Former Spouse's Notification of Application for Refund of Retirement Deductions Under the CSRS	http://www.civilianbenefits.hroc.navy.mil/pdf/sf2802b.pdf
SF 2803	Application to Make Deposit or Redeposit	http://www.opm.gov/forms/pdf_fill/SF2803.pdf
SF 2804	Application to Make Voluntary Contributions, CSRS	http://www.opm.gov/forms/pdfimage/sf2804.pdf
SF 2804A	Information Regarding Voluntary Contributions, CSRS	http://www.opm.gov/forms/pdfimage/sf2804a.pdf
SF 2808	Designation of Beneficiary, CSRS	http://www.opm.gov/forms/pdfimage/sf2808.pdf
SF 3112	Documentation in Support of Disability Retirement Application	http://www.opm.gov/benefits/fedmer/SF_3112.pdf
SF 3112-1	Information About Disability Retirement - CSRS (This is a pamphlet)	http://www.opm.gov/retire/html/library/sf3112-1.pdf
OPM Form 1519	Survivor's Military Service Election Deceased Employee Covered by	http://www.civilianbenefits.hroc.navy.mil/pdf/opm1519.pdf

	CSRS or CSRS Offset	
RI 38-124	Voluntary Contributions Election	http://www.opm.gov/forms/pdf_fill/ri38-124.pdf
RI 38-125	Voluntary Contributions Notice	http://www.opm.gov/forms/pdfimage/ri38-125.pdf

FEDERAL EMPLOYEES RETIREMENT SYSTEM (FERS)

FORM NUMBER	TITLE	ADDRESS
SF 3102	Designation of Beneficiary, FERS	http://www.opm.gov/forms/pdf_fill/sf3102.pdf
SF 3104	Application for Death Benefit FERS	http://www.opm.gov/forms/pdfimage/sf3104.pdf
SF 3104B	Documentation and Elections in Support of Application for Death Benefits when Deceased was an Employee at the Time of Death FERS	http://www.opm.gov/forms/pdfimage/sf3104b.pdf
SF 3106	Application For Refund of Retirement Deductions FERS	http://www.opm.gov/forms/pdfimage/sf3106.pdf
SF 3106A	Current/Former Spouse's Notification of Application for Refund of Retirement Deductions Under the Federal Employees Retirement System	http://www.opm.gov/forms/pdfimage/sf3106a.pdf
SF 3107	Application for Immediate Retirement FERS	http://www.opm.gov/benefits/fedmer/sf3107.pdf
SF 3108	Application to Make Service Credit Payment for Civilian Service FERS	http://www.civilianbenefits.hroc.navy.mil/pdf/sf3108.pdf
SF 3109	Election of Coverage, FERS	http://www.opm.gov/fers_election/html/3109.pdf
SF 3110	Former Spouse's Consent to FERS Election	http://www.opm.gov/forms/pdf_fill/sf3110.pdf
SF 3111	Request for Waiver, Extension, or Search in Connection with Election of FERS Coverage, FERS	http://www.opm.gov/forms/pdf_fill/sf3111.pdf
SF 3112	Documentation in Support of Disability Retirement Application	http://www.opm.gov/benefits/fedmer/SF_3112.pdf
SF 3112-2	Information About Disability Retirement FERS (This is a pamphlet)	http://www.opm.gov/retire/html/library/sf3112-2.pdf
SF 3113	Applying for Immediate Retirement Under the FERS (This is a pamphlet)	http://www.opm.gov/asd/pdf/SF3113.pdf
SF 3114	Applying for Death Benefits Under the FERS (This is a pamphlet)	http://www.opm.gov/asd/pdf/SF3114.pdf
OPM Form 1562	Application for Return of Excess Retirement Deduction FERS	http://www.civilianbenefits.hroc.navy.mil/pdf/opm1562.pdf
	FEDMER Participation Fact Sheet	http://www.opm.gov/benefits/fedmer/FactSht.htm
	Social Security List of FEDMER Documents Required	http://www.opm.gov/benefits/fedmer/forms.htm
SSA-3368	Disability Report	http://www.ssa.gov/online/ssa-3368.pdf
SSA-827	Authorization form	http://www.2minus1.com/ssa-827.pdf
	FEDMER Statement of Participation	http://www.ssa.gov/phila/FEDMER/PDF/sop2.pdf

OTHER FORMS

FORM NUMBER	TITLE	ADDRESS
HRSC East 12830/12	Testamentary Trustee Designation for CSRS/FERS	http://www.civilianbenefits.hroc.navy.mil/pdf/12830.12.pdf
HRSC East 12830/13	Inter Vivos Trustee Designation for CSRS/FERS	http://www.civilianbenefits.hroc.navy.mil/pdf/12830.13.pdf
HRSC East 12830/18	Request for Voluntary Separation Incentive	http://www.civilianbenefits.hroc.navy.mil/PDF/12830.18.pdf
HRSC East 12830/29	Request for Retirement Annuity Computation	http://www.civilianbenefits.hroc.navy.mil/PDF/Annuity Estimate Request.pdf
HRSC East 12830/74	Waiver of Retired Military pay	http://www.civilianbenefits.hroc.navy.mil/pdf/12830-74.pdf
OPM Form 1515	Military Service Deposit Election	http://www.opm.gov/forms/pdf_fill/opm1515.pdf
RI 20-97	Service Credit Payments for Post-56 Military Service	http://www.civilianbenefits.hroc.navy.mil/pdf/ri20-97.pdf
SF 180	Request Pertaining to Military Records (To request copy of DD 214)	http://www.civilianbenefits.hroc.navy.mil/pdf/SF180.pdf
SF 1152	Designation of Beneficiary -- Unpaid Compensation of Deceased Civilian Employee	http://www.opm.gov/forms/pdfimage/sf1152.pdf
W-4P	Withholding Certificate for Pension or Annuity Payments	http://ftp.fedworld.gov/pub/irs-pdf/fw4p_01.pdf